

# POWER IN THE BLOOD

Choreographed by Stefano Civa

Description: 32 counts, 4 walls, 1 Restart

Beginner line dance

Music: There is power in the blood by Buddy Jewell

Start dancing on lyrics

## PIGEON, HEEL ROCK FORWARD, ROCK STEP BACK

1-4 Pigeon left

5-8 Heel right forward, recover to left, step right back, recover to left

## TURN ½ LEFT, HEEL ROCK STEP, HEEL VINE RIGHT HOOK

1-2 Step right forward, turn ½ left

3-4 Heel right forward, recover to left

5-8 Heel right side, cross left behind, step right side, hook left forward

## VINE LEFT STOMP UP, MONTEREY ½ TURN

1-4 Step left side, cross right behind, step left side, stomp up right

5-6 Right point to right side, turn ½ right and step right together

7-8 Left point to left side, step left together (weight on left)

## ROCK BACK, STOMP UP TWICE, GRAPEVINE ¼ TURN RIGHT

1-2 Rock back jumping right, recover to left

3-4 Stomp right twice

5-8 Step right side, cross right behind, step right ¼ right, step left together

REPEAT

RESTART

Restart on 5<sup>th</sup> wall after 8 counts (at 12:00)

**Per contattare il coreografo::**

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